

Lunch Salade

Selah lunch

We have daily specials
Call in your order 330 755 2759
Pick up at 130 S Bridge St, Struthers, OH

Le Marché - artichoke hearts, smoked bacon, feta, tomato, olives, hard-boiled egg, on field greens with Selah's own balsamic dressing \$7.95

The Islander - sauteed plump shrimp, artichoke hearts, feta, tomato, spinach with a lemon-citrus splash \$8.50

The Soho - slow-roasted chicken breast, tomato, olives, hard-boiled egg, smoked bacon on field greens with Selah's own balsamic dressing \$8.75

Soups from Scratch

cup \$3 ¾ bowl \$4 ½

Traditional-style Sandwiches

The Lexington - Mozzarella, tomato, homemade pesto, field greens \$7.95

The South Street Club - roasted turkey, baked ham, smoked bacon, mozzarella tomato, field greens. Served either hot or cold. \$8.50

The Hudson - Roasted turkey, mozzarella, tomato, field greens \$8.25

Chipotle Chicken on Ciabata - breaded chicken, lettuce, tomato, chipotle sauce \$9

Urban Flats

The Tuscan - artichoke hearts, smoked bacon, feta, tomato, olives, spinach \$7.25

The Rustic - mozzarella, baby spinach, tomato, herbs, olive oil \$7.25

The Bohemian - feta, sun-dried tomatoes, spinach, olive oil \$7.25

The Santa Monica - fresh mozzarella, tomato, fresh pesto \$7.25

The Americana - Oven-roasted chicken, bacon, mozzarella, tomato, spinach \$7.75

Kitchen Melts

Turkey Melt - hot roasted turkey, melted mozzarella, tomato, field greens \$7.25

Ham Melt - hot baked ham, melted mozzarella, tomato, field greens \$7.25

Chicken Melt - roasted chicken, mozzarella, roasted red peppers, lettuce \$8.25

Roasted Red Pepper Melt - fire-roasted red peppers, melted mozzarella, olives \$7.25

Tuna Melt - tuna, cheese, tomato, roasted red peppers, olives, field greens \$7.75

Staff Originals

Feta and Tomato Burger - our own hamburgers, cooked to order, on ciabata \$8.25

Bacon Mozzarella Burger - our own hamburgers, cooked to order, on ciabata \$8.25

Portobello Mushroom Burger - our own hamburgers, on ciabata \$8.25

Chicken Pesto Wrap - chicken breast, spinach, roasted red peppers, asiago \$8.25

Portobello Wrap - mushrooms, roasted red peppers, mozzarella, spinach \$8.25

Monte Cristo - roasted turkey, ham, fresh-baked bread, dipped and pan-grilled \$7.75

Tilapia Sandwich - pan-seared Tilapia fillet, roasted red peppers, baby spinach with a Provencal herb-lime sauce. \$8.50

Pasta Alfredo with Asiago and Spinach - penne with pan-made alfredo sauce \$7 ¾
add chicken \$2 ½

Smoked Salmon on Ciabata - our own hot-smoked Coho Salmon with mayo-dill \$8.50

Appetizers

Spinach and Artichoke Dip	\$6.75
Roasted Red Pepper Hummus	\$6.75
Blue Hill Mussels for two	\$11
Crab and Shrimp Cakes	\$9
Fried Green Tomatoes	\$6.50
Fresh Mozzarella and Red Peppers	\$7.75
Smoked Salmon	\$8

Soups	cup	\$3.95	bowl	\$4.95
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Burgers and Sandwiches

Includes fresh-cut sweet potato fries

Build your own Burger - lettuce, tomato and any two toppings \$10.50
Choose mushrooms, onions, mozzarella, feta, or bacon.

Salade

Selah House Salad - field greens, tomato, olives, feta,
Selah homemade balsamic dressing included with all entrees

Fu Fu Salad - upgrade a Selah salad with feta, granny smith apples,
walnuts, raspberry vinaigrette \$3.50

The Soho - slow-roasted chicken, tomato, olives, hard-boiled egg, feta, bacon on field
greens, with Selah's homemade balsamic dressing \$9.75

Grand Pastas

Palumbo's Classic Pasta and Meatballs - homemade sauce and meatballs \$10.50

Shrimp Florentine Linguine - San Marzano tomatoes, garlic, wine, Asiago \$13.75

Homemade Ricotta Gnocchi - hand rolled, fresh cream, butter, asiago, spinach \$13.25

Penne with Chicken and Sundried Tomatoes - sliced chicken, wine, cream \$12.25

Penne a la Vodka - garlic, tomato, fresh cream, vodka \$10.75
add chicken, \$3 ¾

Portobello Ravioli with Spinach - garlic, butter, creamy wine sauce \$13.25

Three-cheese Tortellini - with fennel sausage. Comfort food. \$14

Selah dinner at home

We have daily specials. You can order bottles of wine to go
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Chicken Entrees

Selah Chicken - Fillet of chicken, lightly breaded with a cream sauce. \$13.25

Coq au Vin - Chicken with Portobello mushrooms, roasted red peppers,
finished with a red wine reduction \$14.50

Pecan Chicken - lightly-breaded chicken breast, richly adorned with
caramelized-sugar pecan sauce. \$14.75

Tuscan Chicken - breaded chicken, sundried tomatoes, artichoke hearts, wine \$14.50

Chicken Francaise - chicken breast, flour-dusted and sauteed with fresh lemon \$14.75

Chicken Saltimbocco with prosciutto, sauteed spinach, capers, fresh lemon \$15.75

Seafood & Steaks

Tilapia and Tiger Shrimp - Tilapia fillet with sauteed shrimp and herbs \$14.50

Citrus Pan-Roasted Salmon - wild Alaskan sockeye, seared \$16.50
on a hot skillet with citrus-garlic marinade.

Fried Haddock and Greens - Light and flaky with sauteed greens \$14.50

Fried Shrimp Parmesian - Served on penne with homemade red sauce \$13.75

Bourbon Beef Tips - chunks of butcher-cut beef, seared on high heat, \$19.50
flamingly-deglazed with Kentucky straight bourbon.

Steak de Boucherie - This is our "Butcherman's Steak". Flat-Iron steak, \$19.75
hand-cut, seared on a cast-iron skillet, with sauteed onions.

Bleu Iron- Bleu Iron Steak- A Flat-iron steak, seared on a cast-iron skillet
and bleu cheese \$20.50

with Portobello mushrooms, and then deglazed with Burgundy wine.

The Devonshire Steak - A Flat-iron steak, seared on a cast-iron skillet \$20.50
with Portobello, onions, spinach and deglazed with fresh cream.

More detailed descriptions are on our menus at selahrestaurant.com
Also, wine pairings for each dish