

Lunch Salade

Selah lunch

We have daily specials
Call in your order 330 755 2759
Pick up at 130 S Bridge St, Struthers, OH

Le Marché - artichoke hearts, smoked bacon, feta, tomato, olives, hard-boiled egg, on field greens with Selah's own balsamic dressing 7.95

The Islander - sauteed plump shrimp, artichoke hearts, feta, tomato, spinach with a lemon-citrus splash 8.50

The Soho - slow-roasted chicken breast, tomato, olives, hard-boiled egg, smoked bacon, feta, on field greens with Selah's own balsamic dressing 8.75

Soups from Scratch

cup 3 ¾ bowl 4 ½

Traditional-style Sandwiches

The Lexington - Mozzarella, tomato, homemade pesto, field greens 7.95

The South Street Club - roasted turkey, baked ham, smoked bacon, mozzarella, tomato, field greens. Served either hot or cold. 8.50

The Hudson - Roasted turkey, mozzarella, tomato, field greens 8.25

Chipotle Chicken on Ciabata - breaded chicken, lettuce, tomato, chipotle sauce 9

Urban Flats

The Tuscan - artichoke hearts, smoked bacon, feta, tomato, olives, spinach 7.25

The Rustic - mozzarella, baby spinach, tomato, herbs, olive oil 7.25

The Bohemian - feta, sun-dried tomatoes, spinach, olive oil 7.25

The Santa Monica - fresh mozzarella, tomato, fresh pesto 7.25

The Americana - Oven-roasted chicken, bacon, mozzarella, tomato, spinach 7.75

Kitchen Melts

Turkey Melt - hot roasted turkey, melted mozzarella, tomato, field greens 7.25

Ham Melt - hot baked ham, melted mozzarella, tomato, field greens 7.25

Chicken Melt - roasted chicken, mozzarella, roasted red peppers, lettuce 8.25

Roasted Red Pepper Melt - fire-roasted red peppers, melted mozzarella, olives 7.25

Staff Originals

Fried Haddock and Greens sandwich 8.50

Seared Chicken Plate - with hummus, tomato, feta, flatbread points 8.75

Feta and Tomato Burger - our own hamburgers, on ciabata 8.25

Bacon Mozzarella Burger - our own hamburgers, on ciabata 8.25

Portobello Mushroom Burger - our own hamburgers, on ciabata 8.25

Chicken Pesto Wrap - chicken breast, spinach, roasted red peppers, asiago 8.25

Portobello Wrap - mushrooms, roasted red peppers, mozzarella, spinach 8.25

Pasta Alfredo with Asiago and Spinach - penne with pan-made alfredo sauce 7 ¾
add chicken 2 ½

Smoked Salmon on Ciabata - our own hot-smoked Coho Salmon with mayo-dill 8.50

Tuna Melt - tuna, cheese, tomato, roasted red peppers, olives, field greens 7.75

Appetizers

Spinach and Artichoke Dip	6.75
Roasted Red Pepper Hummus	6.75
Blue Hill Mussels for two	11
Crab and Shrimp Cakes	9
Fried Green Tomatoes	6.75
Fried smoked mozzarella	6
Aged meat and cheese board	8

Soups	cup	\$3.95	bowl	\$4.95
-------	-----	--------	------	--------

Salade

Selah House Salad - field greens, tomato, olives, feta, Selah homemade balsamic dressing included with all entrees

Fu Fu Salad - upgrade a Selah salad with feta, dried cranberries, almonds, raspberry vinaigrette 3.50

The Soho - slow-roasted chicken, tomato, olives, hard-boiled egg, feta, bacon on field greens, with Selah's homemade balsamic dressing 9.75

Grand Pastas

Shrimp Florentine Linguine - San Marzano tomatoes, garlic, wine, Asiago 13.75

Palumbo's Classic Pasta and Meatballs - homemade sauce and meatballs 10.50

Pasta Elizabeth - linguine, seared chicken, mushrooms, capers 13.75

Mediterranean Pasta - mild olives, tomato, basil, feta cheese 13.25

Hand-worked pastas

Three-cheese Tortellini - with fennel sausage. Comfort food. 14

Portobello Ravioli with Spinach - garlic, butter, creamy wine sauce 13.25

Sweet Sausage Ravioli - sauteed garden peppers, garlic, olive oil, romano 13.75

Smoked Chicken Ravioli - brown butter thyme sauce, lemon, romano 13.75

Homemade Ricotta Gnocchi - hand-rolled, fresh cream, butter, asiago, spinach 13.25

We have daily specials. You can order bottles of wine to go
Call in your order 330 755 2759
Pick up at 130 S Bridge St, Struthers, OH

Selah dinner at home

Chicken Entrees

Selah Chicken - Fillet of chicken, lightly breaded with a cream sauce. 13.25

Coq au Vin - Chicken with Portobello mushrooms, roasted red peppers, finished with a red wine reduction 14.50

Pecan Chicken - lightly-breaded chicken breast, richly adorned with carmelized-sugar pecan sauce. 14.75

Tuscan Chicken - breaded chicken, sundried tomatoes, artichoke hearts, wine 14.50

Chicken Francaise - chicken breast, flour-dusted and sauteed with fresh lemon 14.75

Chicken Saltimbocco - with sopressata, sauteed spinach, capers, fresh lemon 15.75

Seafood & Steaks

St Croix Platter - fried haddock, clams, shrimp 18.50

Citrus Pan-Roasted Salmon - wild Alaskan sockeye, seared on a hot skillet with citrus-garlic marinade. 16.50

Fried Haddock and Greens - Light and flaky with sauteed greens 14.50

Shrimp Scampi Linguine - served on linguine 14.50

Bourbon Beef Tips - chunks of butcher-cut beef, seared on high heat, flamingly-deglazed with Kentucky straight bourbon. 19.50

Steak de Boucherie - This is our "Butcherman's Steak". Flat-Iron steak, hand-cut, seared on a cast-iron skillet, with sauteed onions 19.75

The Devonshire Steak - A Flat-iron steak, seared on a cast-iron skillet with Portobello, onions, spinach and deglazed with fresh cream. 20.50

selahrestaurant.com Join our mailing list by texting the word selah to 42428